

| Regulations         |               |                                 |
|---------------------|---------------|---------------------------------|
| EHS/HS: 1302.47 (6) | ECEAP: ENV-20 | WAC: 110-300-0221; 110-300-0220 |

## Diaper Changing

**Never leave a child unattended on the diaper changing table.**

- The *How to Change a Diaper* poster must be posted at each diaper changing area.
- The diaper changing area must be:
  - Washable
  - Cleaned and disinfected after each use
  - Separate from food preparation areas
  - Next to a hand washing sink (diapering/hand washing sink must not be the same sink used for preparing food)
- Before diapering, gather all items needed.
- Wash hands using soap and water. Using disposable gloves is optional unless blood or blood-containing body fluids may have contact with hands.
- After removing the wet or soiled diaper, clean the child's bottom with wet wipes.
- Only use disposable towels or laundered, reusable towels for cleaning the child.
- Place cloth diapers that belong to the child in a plastic bag. Seal and label with the child's name. Send it home with the child.
- Place disposable diapers, gloves, and wipes in a covered, plastic-lined container that is located close to the diapering area. Do not empty stool into the toilet or rinse the diaper out.
- Put on gloves if applying ointment (*Over the Counter Topical Medication-Parent Authorization* must be on file). Throw away gloves when finished.
- Wash your hands with soap and water or use a wet wipe.
- Diaper and dress the child.
- Help the child wash their hands with soap and water after the diaper change then place the child down in a safe place.
- Wash and disinfect the changing table after every diaper change.
- Wash your hands with soap and warm running water, following the *Wash Your Hands Poster*.

## Diaper Rash/Diaper Dermatitis

Children should not be excluded from class based on a diaper rash. Encourage families to seek the advice of their health care provider if a child has had a red, raised rash for 3 days, or when skin is broken.