

# Mobility Mentoring

Regulations	
EHS/HS: 1303.52	ECEAP: FEP

## Purpose

Mobility Mentoring is an approach that addresses the prevalent needs of families, identifies strengths of families through relationship-based family partnerships. The strength-based approach is intended to meet families where they are, follow their lead, use culturally competent approaches, and work collaboratively with each family as they journey across their pathway to self-reliance. As a result, each journey is individualized with goals that are reflective of each individual, not striving to be at the top of each pillar.

## Procedure

Mobility Mentoring supports children and families on their journey of well-being, self-reliance, and success. This process is initiated as early in the year as possible and is maintained throughout the family's participation in the program. Staff begin identifying family strengths and needs based on the child application process. Accessing selection criteria points, application information and eligibility notes provide identification of potential immediate needs identified.

## Elements of Mobility Mentoring

- **Introduction Bridge**-used to introduce the process to families at around the First Date of Service (FDS).
- **Bridge to Self-Reliance**: The Bridge is an assessment tool that helps families set goals and chart their path to economic mobility and independence. It is also a framework that builds integrated, future-oriented decision-making and allows the family to organize and achieve positive steps
- **Pre and Post Assessment**: completed on timeline noted below with families. Natural change occurs with families
- **Family Strengths and Goals Planning Form**: Use this form to help families set goals and revisit at your mid-year check-in (see timeline below). The S.M.A.R.T. Goals (Specific, Measurable, Attainable, Relevant, Timely) format is used to set goals that lead towards economic mobility outcomes and to use data to measure individual and program-wide progress and effectiveness. Families and staff can choose which form to use for goal setting. A copy gets attached in Child Plus and a copy will go to the parent.

## Program Year Timeline

- Families with an FDS between July 1<sup>st</sup> and November 1<sup>st</sup>
  - Complete pre-assessment and set at least one goal with the family by November 30<sup>th</sup>. This process can start as early as August 1<sup>st</sup> for year round programs. Enter goal and assessment in CP/ELMS by November 30<sup>th</sup>
  - Mid-Year Check on the goal by March 31<sup>st</sup>. This process can begin as early as February 1<sup>st</sup>. Document in Goal event in ELMS/CP by March 31<sup>st</sup>.
  - Complete post-assessment and follow up goal completed by June 30<sup>th</sup>. Document in ELMS/CP by June 30<sup>th</sup>.
- Families with an FDS between November 2<sup>nd</sup> and March 1<sup>st</sup>
  - Complete pre-assessment and set at least one goal with the family within 30 days from FDS.
  - Complete mid-year goal check-in by March 31<sup>st</sup>.
  - Complete post-assessment and final goal follow up completed by June 30<sup>th</sup>. Document in ELMS/CP by June 30<sup>th</sup>.
- Families with an FDS between March 2<sup>nd</sup> and June 30<sup>th</sup>
  - Continue to support families in identifying strengths and needs. Set a SMART goal if the family is interested.
  - Introduce the Mobility Mentoring Process to the family.

**Families enrolled in multiple program options:**

Families that are enrolled in EHS and preschool programs will complete all Mobility Mentoring (pre and post assessments and goal setting) will be conducted by EHS staff. Information will be documented and shared for all staff. Family Advocates will support a family's goal progress if needed. For example, if a family needs information regarding GED preparation courses, a Family Advocate can help share resources. All items will be documented under the Family Goal in CP.