



Shaken Baby Syndrome Prevention and Staff Training Procedure

Performance Standards and Regulations

EHS/HS: 1302.81, 1302.47

WAC: 110-300-0106

Purpose

Shaken baby syndrome/abuse head trauma is the occurrence of brain injury in newborns, infants, and children younger than three years caused by shaking a child. Program staff must be knowledgeable of the signs and symptoms of shaken baby syndrome/abuse head trauma, the risks of shaking, provided strategies to cope and support families to recognize the signs and symptoms of head trauma, manage stress, and prevent abuse.

Procedure

Staff Training

All Early Learning staff complete the Department of Children, Youth, and Families (DCYF) approved prevention and identifying shaken baby syndrome, abuse head trauma training within 90 days of hire, annually, and prior to working in an unsupervised capacity with children.

Program Staff working with prenatal families, infants and toddlers are trained regarding shaken baby syndrome/abuse head trauma within 90 days of hire and ongoing as needed.

Shaken Baby Syndrome/Abuse Head Trauma Information for Parents/Guardians

Within 30 days of enrollment program staff working in Early Head Start will provide each family with the brochure [Crying Can Be Frustrating! Have A Plan](#) by Seattle children's Hospital, Parent Trust and Strengthening Families. All families regardless of the age of the child will be given the information. Program staff will discuss with the parent/guardian the main points of the brochure, calming a crying baby and having a plan to deal with frustration. Additional information may be provided.

Additional Information: [National Center on Shaken Baby Syndrome](#)

Resource: Caring for Our Children-4th Edition