

## Caregiver Mental Health Consultation – ChildPlus Instructions

Create this Family Services Event when it is determined that consultation with the department Mental Health Consultant (MHC) is the next step in supporting family caregivers.

**Note:** Post-Partum Screening Referrals are done by the Public Health Nurse. Follow the Post-Partum Depression Screening Referral Procedure.

### Create the Event

The point of contact for the mental health consultation creates the event as follows:

Initial Date: Enter date of email notification to Mental Health Consultant (MHC)

Service Area: Select Mental Health

Case Worker: Select your name if does not auto-fill

Event Notes: Document the goal or intention for the mental health consultation, including a summary of the team meeting about family needs/concerns, resources, services, etc.

Date Closed: MHC will enter the closed date when consultation is complete.

### Add Actions to Document Follow-Up

Action Date: Enter date of follow-up action

Action Type: Always select Communication. MHC may select other action types.

Type of Contact: Select the type of contact

Description: Enter brief, informative description

Action Status: Select Action Completed

## Caregiver Mental Health Consultation



Initial Date	<input type="text" value="8/29/22"/>	Case Worker	<input type="text" value="Sandeno, Karen"/>
Description	<input type="text" value="Anxiety Concerns"/>		
Service Area	<input type="text" value="Mental Health"/>	Date Closed	<input type="text"/>

Event Notes

8/29/2022 10:29 AM Karen Sandeno Family team met to discuss anxiety concerns. Mom is not seeing a therapist and wants ideas to feel better. Mom was given support to find a local counselor through her doctor but she has not been able to get an appointment yet. The intention for referral is to promote her mental health while mom is getting connected with a counselor. Emailed MHC, team, and supervisor to initiate consultation.

### Actions

Add Action

Scheduled	Action Date	Action Type	Description	Status	Case Worker	Referred To	Time
			Add Action to document all follow up. Action Type is always Communication. (MHC may enter other action types)				
			Optional: schedule actions for to-do list reminders. Re-open the scheduled action to document and update when action completed.				

Save Cancel