

Exposure Notice – Roseola (Sixth Disease)

Dear Family:

Your child may have been exposed to **Roseola (Sixth Disease)**, two common viruses of the herpes virus family.

What are the symptoms? Child may experience a sudden high fever that may last 3-5 days, although it can last up to 8 days. After the fever ends, a rosy-pink rash may appear on the chest and abdomen, often spreading to the neck, face, and limbs. The rash does not itch and may last 1-2 days. A child with roseola may be irritable or have a decreased appetite.

How is it spread? Through airborne droplets from the nose and throat of the infected person.

When do symptoms start? 9-10 days after exposure.

Need to keep child home? Yes, child may return to class when they are fever-free without medication for at least 24 hours, even if they still have a rash as they are no longer contagious. **Do not use aspirin** for fever. Contact your health care provider for further information.

If your child presents with these symptoms, please seek diagnosis and treatment from your health care provider. Please inform child's EHS/Head Start/ECEAP center if your child is diagnosed with this disease.
