

Post-Partum Depression Screening Referral Procedure

Regulations
EHS 1302.81

Purpose

Programs collaborate and support families in addressing and supporting post-partum depression immediately following and for an extensive period of time following the birth of a new baby. This referral opportunity supports in addressing emotional support, nurturing and responsive caregiving relationships, responsive caregiving and father engagement

Guidance

Any family can receive a Post-Partum Depression Screening Referral if they are enrolled in the program regardless if they receive it from somewhere else.

Procedure

1. Staff enter the Post-Partum Depression Screening Referral Event into ChildPlus.
 - Health Tab-Event Type: Post-Partum Screening- Event Date (initial referral date). *Do not enter a closed date until the end of the referral process.*
 - Put description of the referral in the event notes. These notes must include as much detail as possible regarding concerns. This will include concerns from the family, observations from staff, any concerns from doctors etc.
 - Add Action is used for any notes regarding referral process and notes regarding conclusion.
2. Email Family Services Program Manager and your direct Supervisor and Program Health Consultant (Public Health Nurse-PHN) including the CPID and that you are requesting a referral.
3. Staff and PHN will collaborate to determine if this referral will be a joint home visit to conduct the screening. Notes will be entered into CP.
4. Between 2 weeks and 1 month of receiving the referral, the PHN will provide a report in Child Plus under the event with contact dates, nature of conversation, and follow-up to the direct services staff entered into Child Plus Event. PHN will email staff upon completion of contact with parent.
5. Staff will review the notes provided by the PHN, support the family in any additional follow up and close the CP event. If there are concerns identified through the screening process, staff will support families in connecting with their primary care physician, pediatrician, or follow our internal Mental Health Caregiver Procedures.
6. Supervisor tracks Post-Partum Depression Screening referrals and enters additional follow-up and communication into ChildPlus-Add Action.