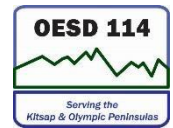




Home Base Procedure



Head Start Performance Standards

[1302.22](#), [1302.35](#), [1302.80](#), [1302.81](#), [1302.82](#)

Purpose

Home Visitors provide a minimum of 46 home visits each program year to promote secure parent-child relationships and to support families with high-quality early learning experiences for their children. At the family's request, interpreters help Home Visitors facilitate home visits and group socializations in the family's primary language.

Home Visiting Orientation

- Complete First Home Visit with the family and orient them to home-based services:
- Provide an overview of services, including home visits and group socialization.
- Discuss roles and expectations of the family and staff.
- Talk about the importance of regular, consistent visits to healthy development, learning, and school readiness.
- Share the process for scheduling, cancelling, and rescheduling visits.
- Exchange family and Home Visitor contact information.

Home Visits with Enrolled Child

Home Visitors facilitate a 90-minute home visit weekly with each family. When serving a family with more than one enrolled child, schedule adequate time for each child. Home visits facilitate parent-child interaction that support strong attachment and the child's development and learning for school readiness and success. Encourage interactions that enable both the parent and child to enjoy learning and to feel secure, valued, successful and happy. Home visits also include education and resources for child development, child health and nutrition, parenting and family well-being.

Pregnancy and Postpartum Home Visits-**see Prenatal procedure**

Planning and Implementing Home Visits

Parents as Teachers (PAT) is the primary curriculum used in planning and facilitating home visits. Additional research-based resources, such as Promoting Maternal Mental Health, Zero to Three, Promoting First Relationships, etc. may be used to meet the individual needs of families as appropriate. Families should also be linked to community resources and services when needed. Home visitors will orient and document the PAT Eight Foundational Visits upon enrollment into the program. Staff will use the eight foundational visits to set the framework for the program and roles of families and home visitor.

Planning Curriculum

Curriculum must be planned with the family before each visit and include the following:

- Parent-Child Interaction activity or experience that supports the child's development and progress toward school readiness; or for pregnancy visits, select activities that support a healthy pregnancy and/or preparation for the newborn's arrival.
- Development-Centered Parenting topic
- Family Well-Being topic

Implementing Curriculum during a home visit

- Check-In with family and document parent observations of their child during the past week.
- Introduce the Parent-Child Interaction activity and facilitate healthy interaction, providing support as needed. Document observations of both the child and the parent-child interaction.
- Facilitate discussion of Development-Centered Parenting topic, using the related PAT Parent Handout as needed. Document summary of discussion in appropriate section.
- Facilitate discussion of Family Well-Being topic, using the related PAT Parent Handout as needed. Document summary of discussion in appropriate section.
- Document the plan for supporting their child's development during the week.
- Schedule and plan the next home visit with the family. Choose the activity, materials, and topics for the following

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week(s).

- Reminders of the next Play and Learn group, Policy Council, Parent Trainings, etc. and other program opportunities.