

## Exposure Notice – Cytomegalovirus (CMV)

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Dear Family,

Your child may have been exposed to cytomegalovirus (CMV) while at the EHS/Head Start/ECEAP center. Cytomegalovirus (CMV) is a viral infection common in children.

**What are the symptoms of CMV?**

Generally, no symptoms in young children. Some people may experience fever, sore throat, tiredness, and swollen glands.

**How is it spread?** Person-to-person contact with blood, saliva, urine and other secretions from infected people or mother to infant before, during, and after birth.

**When do symptoms start?** Incubation unknown.

If you are pregnant, discuss CMV with your health care provider.

**Need to keep child home?** No, as long as s/he does not have any other symptoms that would require exclusion such as fever.

If your child presents with these symptoms, please notify you EHS/Head Start/ECEAP classroom. Please notify health care provider with any concerns.

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