

## Exposure Notice – Chicken Pox

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Dear Family

Your child may have been exposed to chicken pox, a contagious viral illness with a rash.

**What are the symptoms?** Fever, irritability, and an itchy rash that blisters. It appears first on the body then to face. A dark scab forms a day or two after the blisters open.

**How is it spread?** Easily. Discharge from the nose and throat and the skin blisters from an infected person.

**When do symptoms start?** 2-3 weeks after exposure to the virus.

**Need to keep child home?** Yes, until **all** the spots have scabs on them (usually 7 days) and the fever is gone.

**Aspirin should be avoided** - use a non-aspirin medication such as Tylenol.

Please inform your health care provider and notify your child's EHS/Head Start/ECEAP center if he/she presents with these symptoms.

If you or someone else who is close to your child is pregnant, that person's doctor should be called also.

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