

<b>Head Start Performance Standards</b>
<a href="#"><u>1302.45</u></a>

## Purpose

All staff have access to the department Mental Health Consultant to support family mental health and well-being.

## Process

Situations may arise that that staff would like additional support in increasing their knowledge to communicate with families regarding ongoing needs. This referral system is intended to support the staff who is directly supporting the family. If this occurs, staff will follow the ChildPlus procedure to initiate a Caregiver Internal Mental HealthReferral.

- Follow ChildPlus Procedure for Caregiver Internal Mental Health Referral to documentprocess.
- Email supervisor and Mental Health Consultant include the CPID and state that you haveinitiated a Caregiver Internal Mental Health Referral.

Staff may provide referrals to outside mental health support which will be documented under a different referral system.