

STUDENT SERVICES CENTER

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ABOUT STUDENT SERVICES

The Student Services Center provides student reengagement services, student dropout intervention services, and facilitates other student support programs such as the Student Counseling Enhancement Project, Pathways to Success, and 21st Century SUCCESS.

2014-2015 Program Outcomes

Addressing Barriers

These programs address non-academic barriers, social, emotional and behavioral supports and support districts in variety of ways. Examples include:

- Over **879** students have been served during 2014-15 in multiple programs, including Afterschool **SUCCESS**, which saw **125** students participate in three elementary schools.
- **91** school professionals were trained in the Networks for Life Suicide Prevention, Intervention and PostVention. **82%** reported they agreed or strongly agreed this class enabled them to improve student learning and **83%** said the course increased their skills in instruction.
- The Student Services staff assisted and responded to **10** school crisis experiences.

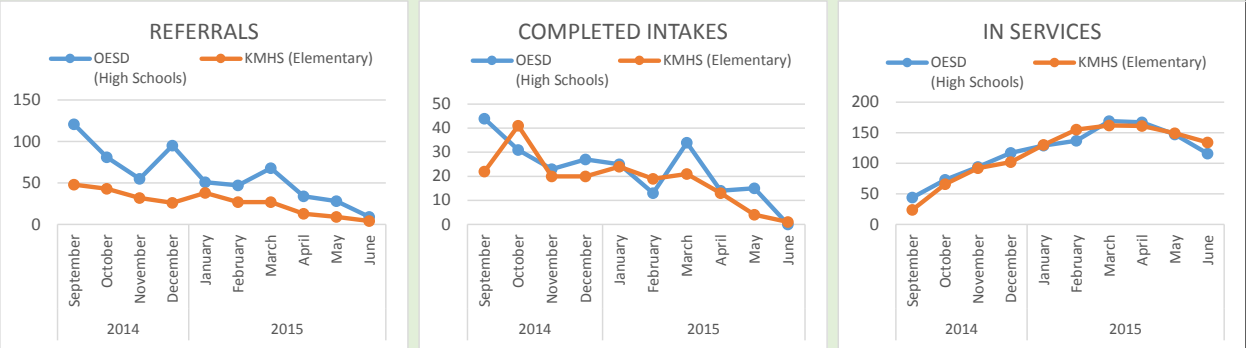
**Olympic Educational Services District
Behavioral Health Counseling Enhancement Project (BHCEP)
Year 1 Evaluation Results: July 2014-June 2015
Prepared by contracted evaluator: Kitsap Public Health District**

METHODS	<p>Project evaluation data are collected in the following tools:</p> <ul style="list-style-type: none"> • Student services tracking by BHCEP staff in Excel logs submitted monthly <ul style="list-style-type: none"> ○ Elementary school logs include: demographics, participation status, external referrals, staff contacts, parent contacts, Daily Living Assessment (DLA) score, Adverse Childhood Experiences (ACEs), and contacted staff names ○ High school logs include: participation status, staff contacts, parent contacts, Adverse Childhood Experiences (ACEs), and contacted staff names • Staff survey on paper with self-addressed, stamped envelope; distributed in May 2015 • Parent survey on self-addressed, stamped post card; mailed to parents in May 2015. • Pre and post testing on half-sheet paper surveys at school, parent and community trainings on suicide, substance abuse and mental health topics
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RESULTS
Table 1 (page 3) includes the annual results for BHCEP outcome and project reach measures. The project exceeded every target! Key results are described as follows:

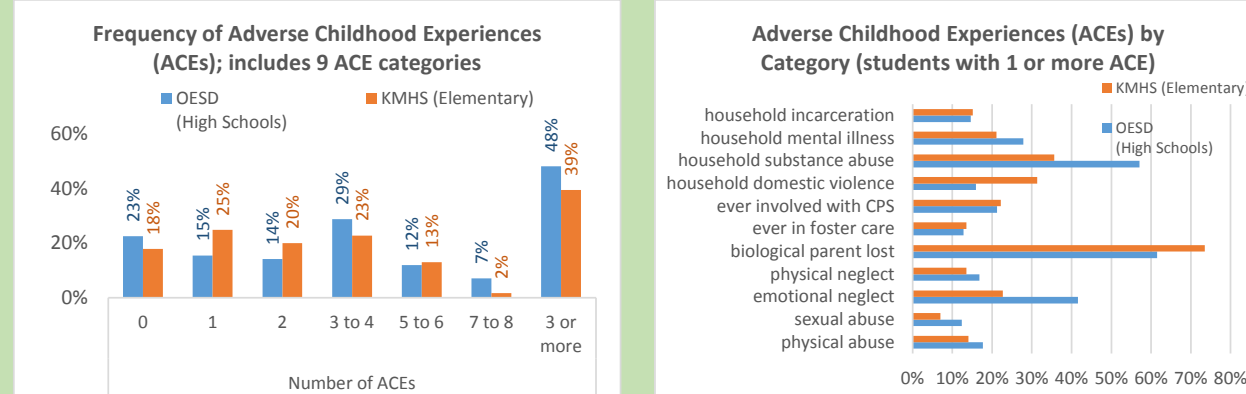
Student Participation

- 589 high school and 267 elementary school students were referred to BHCEP. Referrals were highest at the beginning of the school year; high school referrals were likely higher than elementary due to the option for self-referral following classroom presentations by BHCEP staff
- 226 high and 185 elementary school students completed an intake assessment with BHCEP staff
- The number of students in services was highest in the month of March for both high school (n=169) and elementary school (n=162) students



Adverse Childhood Experiences

- 77% of high school and 82% of elementary school students have at least one ACE (excluding ever in foster care or ever involved in CPS)
- Nearly half of high school and nearly two in five elementary school students had three or more ACEs
- The most common ACEs are loss of a biological parent and household substance abuse



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Well Being	<ul style="list-style-type: none"> Average pre/post change in protective factors index for 129 high school students with 8 or more sessions was +0.11 76% of elementary school students with 8 or more sessions during at least 2 months had improvement in Daily Living Assessment (DLA) score. Average change was +4, score range: 37 – 68 % of high school students with substance use reduction goal who had a reduction: cigarettes=60%; alcohol=64%; binge=74%; marijuana=62%. 																					
School Staff Survey	<ul style="list-style-type: none"> 71 high school staff completed the survey (70% participation rate) 119 elementary school staff completed the survey (47% participation rate) 100% of high and 92% of elementary school staff report that overall the project services have been somewhat or very helpful for students 100% of high and 88% of elementary school staff report that compared to last year, their school has experienced improvements in ability to respond to students' behavioral health needs 9 in 10 high and 8 in 10 elementary school staff agree or strongly agree that services provided have increased student pro-social skills/increased ability to interact with peers <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">% agree or strongly agree that services provided have:</th> <th style="text-align: center;">High School</th> <th style="text-align: center;">Elementary</th> </tr> </thead> <tbody> <tr> <td>reduced students' behavior problems:</td> <td style="text-align: center;">92%</td> <td style="text-align: center;">78%</td> </tr> <tr> <td>increased pro-social skills/improved ability to interact with peers.</td> <td style="text-align: center;">97%</td> <td style="text-align: center;">83%</td> </tr> <tr> <td>positively impacted students' attendance.</td> <td style="text-align: center;">91%</td> <td style="text-align: center;">48%</td> </tr> <tr> <td>improved students' academic success.</td> <td style="text-align: center;">92%</td> <td style="text-align: center;">60%</td> </tr> <tr> <td>positively influenced the classroom climate.</td> <td style="text-align: center;">97%</td> <td style="text-align: center;">76%</td> </tr> <tr> <td>positively influenced the school climate.</td> <td style="text-align: center;">97%</td> <td style="text-align: center;">73%</td> </tr> </tbody> </table>	% agree or strongly agree that services provided have:	High School	Elementary	reduced students' behavior problems:	92%	78%	increased pro-social skills/improved ability to interact with peers.	97%	83%	positively impacted students' attendance.	91%	48%	improved students' academic success.	92%	60%	positively influenced the classroom climate.	97%	76%	positively influenced the school climate.	97%	73%
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Parent Survey: Because of a very low return rate, parent survey results cannot be used.																						
School, Parent, Community Trainings	<ul style="list-style-type: none"> 582 individuals participated in 31 trainings; 8 suicide, 12 substance abuse, 15 mental health 67% of participants in suicide and mental health trainings reported improved awareness; 56% at substance abuse trainings About half of training participants reported being very or extremely aware of training topic before the training; increasing to about 9 out of 10 after the training <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p><small>% of training participants with improved score at post test compared to pre test by topic Sept 2014-June 2015</small></p> <table border="1" style="margin: 0 auto;"> <thead> <tr> <th>Topic</th> <th>Improved Score (%)</th> </tr> </thead> <tbody> <tr> <td>suicide (n=8)</td> <td>67%</td> </tr> <tr> <td>substance abuse (n=12)</td> <td>56%</td> </tr> <tr> <td>mental health (n=15)</td> <td>67%</td> </tr> </tbody> </table> </div> <div style="text-align: center;"> <p><small>% of training participants reporting very or extremely aware of topic at pre and post test Sept 2014-June 2015</small></p> <table border="1" style="margin: 0 auto;"> <thead> <tr> <th>Topic</th> <th>Pre-Test (%)</th> <th>Post-Test (%)</th> </tr> </thead> <tbody> <tr> <td>suicide (n=8)</td> <td>55%</td> <td>96%</td> </tr> <tr> <td>substance abuse (n=12)</td> <td>51%</td> <td>94%</td> </tr> <tr> <td>mental health (n=15)</td> <td>44%</td> <td>88%</td> </tr> </tbody> </table> </div> </div>	Topic	Improved Score (%)	suicide (n=8)	67%	substance abuse (n=12)	56%	mental health (n=15)	67%	Topic	Pre-Test (%)	Post-Test (%)	suicide (n=8)	55%	96%	substance abuse (n=12)	51%	94%	mental health (n=15)	44%	88%	
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BHCEP Evaluation Measures Tracking	Year 1 Results
Goal 1 Outcome Measures: ELEMENTARY, KMHS	
1a. <u>Access</u> – By June 30, 2015, the student to BHS ratio will be increased compared to baseline (0: 4464) at all ten targeted elementary schools; measured by project data.	10:4464
1b. <u>Capacity to respond</u> - By June 30, 2015, 75% of school staff will report improvements in their school’s ability to respond effectively to students’ behavioral health needs compared to baseline; measured by a retrospective survey.	88% n=119
1c. By June 30, 2015, 75% of students completing 8 or more sessions occurring during at least 2 months with the BHS will <u>show improved overall health and wellbeing functioning</u> as measured by improved score from baseline on the Daily Living Activities (DLA) pre and post-test self-report tool.	77% n=148
Goal 2 Outcome Measures: HIGH SCHOOL, OESD	
2a. <u>Access</u> - By June 30, 2015, the student to SAPIS ratio will be increased as compared to baseline (1:7364) at all targeted high schools; measured by project data.	7:7364
2b. <u>Capacity to respond</u> - By June 30, 2015, 75% of school staff will report improvements in the school’s ability to respond effectively to students’ behavioral health needs compared to baseline; measured by a retrospective survey.	100% n=71
2c. By June 30, 2015, mean score for targeted students completing 8 or more sessions with the SAPIS will have increased indicating <u>improved overall health and wellbeing</u> as measured by improved score from baseline on the Protective Factors Index RMC pre/post self-report tool.	pre 3.01, post 3.12 n=129
2d. By June 30, 2015, 50% <u>reduction in substance use</u> (cigarettes, alcohol, binge alcohol, marijuana) for students with an identified substance use reduction goal for services compared to baseline as measured by the RMC pre/post self-report tool.	n, % decrease Cigarettes: 50, 60% Alcohol: 50, 64% Binge: 38, 74% Marijuana: 71, 62%
Goal 3 Outcome Measures:	
3a & b. By June 30, 2015, <u>increase school staff and parents/community awareness</u> of early detection of problems related to behavioral issues compared to baseline as measured by pre and post training surveys.	By training topic, % with pre to post improvement (number of surveys): Suicide: 67% (n=144) Mental Health: 67% (n=269) Substance Use: 56% (n=115)
3c. By June 30, 2015, 50% of the Kitsap school districts will have adopted a model suicide prevention policy and procedures; measured by project data.	3/5= 60%
PROJECT REACH DATA	
Program referrals	Elementary: 267 High School: 589
Completed intakes	Elementary: 185 High School: 226
Referrals to MH	Elementary: 114 High School: 103
Referrals to SA	Elementary: 3 High School: 79
Staff contacts	Elementary: 1768 High School: 1346
Parent contacts	Elementary: 1117 High School: 635

Table 1.

Student Assistance Professional Substance Abuse Prevention and Intervention 2014-15 Student Outcome Data				
	REDUCTIONS IN USE			
	Cigarette Use	Alcohol Use	Binge Drinking	Marijuana Use
Students with substance use intervention goal	54% reduction	69% reduction	78% reduction	65% reduction
	PERCENT CHANGE IN NUMBER OF USERS FROM PRE & POST TEST			
	Cigarette Use	Alcohol Use	Binge Drinking	Marijuana Use
All Students Served	25% decrease	21% decrease	17% decrease	20% decrease
Services Attended	Cigarette Use	Alcohol Use	Binge Drinking	Marijuana Use
Any group	23% decrease	16% decrease	11% decrease	20% decrease
Intervention Group	17% decrease	4% decrease	7% decrease	20% decrease
Mental Health Care	35% decrease	5% decrease	18% decrease	21% decrease
AOD Out Patient Treatment	13% decrease	17% increase	17% increase	29% decrease
8 or more sessions	19% decrease	8% decrease	9% increase	20% decrease
Student Characteristics	Cigarette Use	Alcohol Use	Binge Drinking	Marijuana Use
Substance Use by Family Members	29% decrease	34% decrease	22% decrease	8% decrease
3+ on GAIN SS External or Internal	17% decrease	No change	44% increase	11% decrease
3+ on GAIN SS Substance Abuse Scale	39% decrease	11% increase	13% decrease	19% decrease

Olympic ESD 114: 2014-2015 21st Century Community Learning Center S.U.C.C.E.S.S. Highlights

21st Century Community Learning Centers (SUCCESS) offer academic, artistic, and cultural enrichment opportunities to students and their families during non-school hours. A community learning center also assists students in meeting state and local academic achievement standards in core academic subjects, such as reading and mathematics, by providing the students with opportunities for academic enrichment. In addition, centers provide students with a broad array of other activities— such as, art, music, recreation, technology, STEM, mentoring, social/emotional and leadership education programs.

PROGRAM SERVICES:

Serves students in need of support.

- Three school sites offered 129 days of programming in 2014/15 to eligible students in grades 2-5.
- 163 students were formally enrolled in a morning, afternoon, and/or summer out-of-school program
- 70% of the total students served attended 30 days or more.
- 56% of the total students served attended 60 days or more

Program Enrichment Activities:

- Homework Help (Schoolwork SUCCESS)
- Community Service
- Cooking and Nutrition
- Chess/Strategy Games
- Yoga
- Readers Theater
- Lego Robotics
- Money Matters
- Salvaging Sisterhood
- VanGo Project/Music
- Move Your Body
- STEM
- Arts

Family events.

- Strengthening Families
- Family Math Night
- Family Literacy Night
- Family Nutrition Night
- STEM Fair
- Culminating End of Year Showcase

The program utilized support and contributions from several partners.

Bremerton School District, Bremerton High School, Kitsap Regional Library, Kitsap County Firefighters, K-Kids/Kiwanis, Olympic College, The VanGo Project, Washington State University Extension/4-H of Kitsap County, Therapy Dogs International and the American Red Cross.

PROGRAM OUTCOMES:

Offers a high-quality environment in which youth build skills. Results from the Youth Program Quality Assessment show that the quality of activities, instruction, and engagement score as highly as other after-school programs in the State of Washington.

Improves student learning behaviors. Teachers indicated at the end of the year that the majority of students who needed to improve on a variety of behaviors did improve.

End of year Teacher Survey <i>How have your students changed in terms of:</i>	Percent of students who improved
Turning in homework on time	81%
Completing homework to your satisfaction	82%
Participating in class	73%
Being attentive in class	73%
Behaving well in class	65%
Academic performance	82%
Coming to school motivated to learn	73%
Getting along well with other students	70%