

EARLY HEAD START SAFE SLEEP AND SHAKEN BABY SYNDROME PROCEDURES

1302.81 Prenatal and postpartum information, education, and services.

(a) A program must provide enrolled pregnant women, fathers, and partners or other relevant family members the prenatal and postpartum information, education and services that address, as appropriate, fetal development, the importance of nutrition, the risks of alcohol, drugs, and smoking, labor and delivery, postpartum recovery, parental depression, infant care and safe sleep practices, and the benefits of breastfeeding.

1302.47 Safety practices.

(b) A program must develop and implement a system of management, including ongoing training, oversight, correction and continuous improvement in accordance with §1302.102, that includes policies and practices to ensure all facilities, equipment and materials, background checks, safety training, safety and hygiene practices and administrative safety procedures are adequate to ensure child safety. This system must ensure:

5) *Safety practices*. All staff and consultants follow appropriate practices to keep children safe during all activities, including, at a minimum:

(B) Prevention of sudden infant death syndrome and use of safe sleeping practices;

(F) Prevention of shaken baby syndrome, abusive head trauma, and child maltreatment;

Staff Training

Early Head Start Staff are trained regarding Safe Sleep and Shaken Baby Syndrome Information within 90 days of hire and ongoing as needed.

Early Head Start staff working in licensed centers complete the Department of Early Learning approved infant safe sleep training annually.

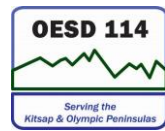
Center Based Care-Safe Sleep Procedures

Cribs and bedding must meet childcare licensing regulations.

To reduce the risk of SIDS, all infants are placed on their back to sleep unless we have written documentation from both parent/guardian and health care provider that a different position is necessary.

Safe Sleep Information for Parents/Guardians

Within 30 days of enrollment, the primary caregiver/home visitor/health advocate will provide each family with Safe Sleep information. *Safe Sleep for Your Baby* information is provided by the National Institute of Child Health and Development and sponsored by the Back to Sleep Campaign. All families regardless of the age of the child will be given Safe Sleep Information. The primary caregiver/home visitor/health advocate will discuss with the parent/guardian the main points of the brochure, what is Safe Sleep and steps to reduce the risk of SIDS related death. Additional information may be



provided. <https://www.nichd.nih.gov/sts/Pages/default.aspx>.

Shaken Baby Syndrome Information for Parents/Guardians

Within 30 days of enrollment the primary caregiver/home visitor/health advocate will provide each family with the brochure *Crying Can Be Frustrating/ Never Shake a Baby* sponsored by children's Hospital, Parent Trust and Washington Council for Prevention of Child Abuse and Neglect. All families regardless of the age of the child will be given the information. The primary caregiver/home visitor/health advocate will discuss with the parent/guardian the main points of the brochure, calming a crying baby and having a plan to deal with frustration. Additional information may be provided.

<http://www.seattlechildrens.org/safety-wellness/safety-infants/>