WAC 296-876-400 Portable Ladder Use.

Summary

Your responsibility: To use portable ladders safely.

You must meet the requirements	in this section:
Designed use	WAC 296-876-40005
Workplace activities or traffic	WAC 296-876-40010
Support	WAC 296-876-40015
Set-up	WAC 296-876-40020
Climbing and descending	WAC 296-876-40025
Getting on and off ladders at upper levels	WAC 296-876-40030
Exposed electrical hazards	WAC 296-876-40035
Persons on ladders	WAC 296-876-40040
Multisection ladders	WAC 296-876-40045
Self-supporting ladders	WAC 296-876-40050

[Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050 and 49.17.060. 14-09-095 (Order 13-10) § 296-876-400, filed 04/22/14, effective 07/01/14. Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050, 49.17.060. 05-20-068, § 296-876-400, filed 10/4/05, effective 1/1/06.]

WAC 296-876-40005 Designed use.

(1) You must use ladders only for their intended purpose.

Note: Unless specifically recommended by the manufacturer, do not use a ladder as a: Brace. 5. Gangway. 1. 2. Skid. 6. Platform. 3. 7. Scaffold plank. Lever. 4. Material hoist. Guy or gin pole.

- (2) You must make sure not to overload ladders. Do not exceed either the:
 - (a) Maximum intended load; or
 - (b) Manufacturer's rated capacity.

[Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050 and 49.17.060. 14-09-095 (Order 13-10) § 296-876-40005, filed 04/22/14, effective 07/01/14. Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050, 49.17.060. 05-20-068, § 296-876-40005, filed 10/4/05, effective 1/1/06.]

WAC 296-876-40010 Workplace activities or traffic.

- (1) You must protect ladders that are set up in a location where they could be displaced by workplace activities or traffic by either:
 - (a) Securing the ladder to prevent accidental displacement; or
 - (b) Using a barricade to keep the activities or traffic away from the ladder.
- (2) You must protect ladders that are set up in front of doors that open towards the ladder by doing at least one of the following:
 - (a) Block the door open.
 - (b) Lock the door.
 - (c) Guard the door to keep it from opening into the ladder.

[Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050 and 49.17.060. 14-09-095 (Order 13-10) § 296-876-40010, filed 04/22/14, effective 07/01/14. Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050, 49.17.060. 05-20-068, § 296-876-40010, filed 10/4/05, effective 1/1/06.]

WAC 296-876-40015 Support.

- (1) You must place the ladder either:
 - (a) With a secure footing on a firm, level support surface; or
 - (b) Secure the ladder to prevent accidental displacement.
- (2) You must make sure a ladder is not placed on ice, snow, or other slippery surface unless the ladder is prevented from accidental displacement by either:
 - (a) Securing it; or
 - (b) Providing the ladder with slip-resistant feet.

Note: Slip-resistant feet are not a substitute for care in placing, lashing, or holding a ladder that is used on a slippery surface.

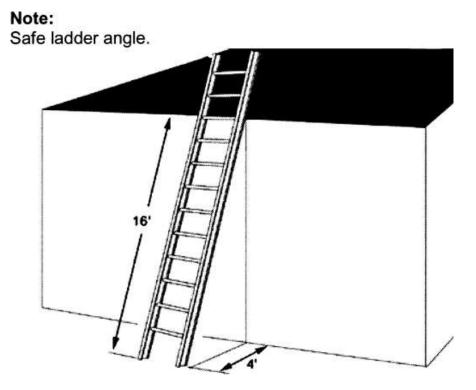
(3) You must make sure ladders are not placed on boxes, barrels, or other unstable bases to obtain additional height.

- (4) You must place a straight ladder so the side rails are equally supported by the top support, unless the ladder is equipped with a single support attachment.
- (5) You must make sure the top support of the ladder is reasonably rigid and able to support the load.

[Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050 and 49.17.060. 14-09-095 (Order 13-10) § 296-876-40015, filed 04/22/14, effective 07/01/14. Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050, 49.17.060. 05-20-068, § 296-876-40015, filed 10/4/05, effective 1/1/06.]

WAC 296-876-40020 Set-up.

- (1) You must set up non-self-supporting ladders at a safe angle. The ladder is set at the proper angle when the horizontal distance from the top support to the foot of the ladder is approximately ¼ the working length of the ladder.
- (2) You must set up job-made ladders with spliced side rails so that the horizontal distance from the top support to the foot of the ladder is not greater than 1/8 the working length of the ladder.



[Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050 and 49.17.060. 14-09-095 (Order 13-10) § 296-876-40020, filed 04/22/14, effective 07/01/14. Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050, 49.17.060. 05-20-068, § 296-876-40020, filed 10/4/05, effective 1/1/06.]

WAC 296-876-40025 Climbing and descending.

- (1) You must have both hands free to hold on to the ladder.
- (2) You must face the ladder when climbing or descending.
- (3) You must keep ladders free of oil, grease, or other slippery materials.
- (4) You must keep the area around the top and bottom of ladders clear.
- (5) You must make sure single-rail ladders are not used.

[Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050 and 49.17.060. 14-09-095 (Order 13-10) § 296-876-40025, filed 04/22/14, effective 07/01/14. Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050, 49.17.060. 05-20-068, § 296-876-40025, filed 10/4/05, effective 1/1/06.]

WAC 296-876-40030 Getting on and off ladders at upper levels.

- (1) You must make sure a ladder used to access an upper level has the side rails extended at least 3 feet (0.9 m) above the landing surface if the ladder length permits.
- (2) You must do the following if a ladder used to access an upper level is not long enough to obtain a 3-foot side rail extension above the landing surface:
 - (a) Secure the ladder at the top to a rigid support that will not deflect.
 - (b) Provide a grasping device, such as a grab-rail, to assist in mounting and dismounting the ladder.
 - (c) Make sure the ladder deflection under a load would not, by itself, cause it to slip off its support.
- (3) You must make sure, if two or more separate ladders are used to reach an elevated work area, that the ladders are offset with a platform or landing between them.

EXEMPTION:

A platform or landing is not required when a portable ladder is used to reach a fixed ladder on structures such as utility towers and billboards where the bottom of the fixed ladder is elevated to limit access.

[Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050 and 49.17.060. 14-09-095 (Order 13-10) § 296-876-40030, filed 04/22/14, effective 07/01/14. Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050, 49.17.060. 05-20-068, § 296-876-40030, filed 10/4/05, effective 1/1/06.]