

Immunization Resources

June 2021

1. **“Plain Talk About Childhood Immunization,”** WA DOH, 2018 edition (in English and Spanish)
<https://www.doh.wa.gov/Portals/1/Documents/8200/348-080-PlainTalk-en-L.pdf>
2. Kitsap Public Health District website with all kinds of information on COVID-19, including where to get vaccinated against COVID-19.
<https://kitsappublichealth.org/>
3. There are multiple blogs on vaccines by naturopathic doctors including “Die Another Day: The Mortality Gambit” by Maxwell Cohen, ND; “Newborn Hepatitis B Vaccine: Is Your Baby Scandalous?” by Elias Kass, ND; “Thinking Through the Vaccine Schedule” by Elias Kass, ND; “MRNA Vaccines—New Technique, Same Immune Response” by Maxwell Cohen, ND; and many more.
<https://ndsforvaccines.com/>
4. This WA DOH page contains information and resources regarding school and child care immunization requirements and reporting. It is updated regularly to reflect changes from year to year. It also has the link to #5, #6, #7, #8, and #12 below.
<https://www.doh.wa.gov/CommunityandEnvironment/Schools/Immunization>
5. An easy-to-read pdf of a 2021-2022 chart on vaccines by age required for child care and preschool
<https://www.doh.wa.gov/Portals/1/Documents/Pubs/348-425-ChildcareImmRegforParents2021-2022.pdf>
6. pdf of individual vaccine requirements for school year 2021-2022 (22 pages)
<https://www.doh.wa.gov/Portals/1/Documents/Pubs/348-284-IndividualVaccineReqs2021-22.pdf>
7. WA DOH immunization website includes immunization info + portal for families to get their immunization records (MyIR) – in English and Spanish
<https://www.doh.wa.gov/YouandYourFamily/InfantsandChildren/DiseasePrevention/Immunizations>
8. Comprehensive WA DOH Immunization Manual for Schools, Preschools and Childcare Facilities:
https://www.doh.wa.gov/Portals/1/Documents/Pubs/348-124_ImmunizationSchoolManual.pdf
9. 2021 Recommended Vaccinations for Infants and Children (birth through 6 years) Parent-Friendly Version (CDC)
<https://www.cdc.gov/vaccines/schedules/easy-to-read/child-easyread.html>
10. Spanish version of above: 2021 Vacunas recomendadas para niños, desde el nacimiento hasta los 6 años de edad
<https://www.cdc.gov/vaccines/schedules/easy-to-read/child-easyread-sp.html>
11. Epidemiology and Prevention of Vaccine-Preventable Diseases” (The Pink Book) (used by healthcare professionals) and containing all information a physician could ever want regarding immunizations, even what to do if a vaccine was given at the wrong time
<https://www.cdc.gov/vaccines/pubs/pinkbook/genrec.html>

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12. Quick reference guide on how to read the validated CIS with a link to frequently asked questions about CIS and the Certificate of Exemption
<https://www.doh.wa.gov/Portals/1/Documents/Pubs/348-765-ValidatedCISQuickReferenceGuide.pdf>
13. Immunization schedule that gives information on dosage/catch up/etc.
<https://www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html>
14. List of all the names of the different vaccines that are given for each disease used in the United States with clinical info on each vaccine and photos of vaccine preventable diseases
<https://www.cdc.gov/vaccines/vpd/vaccines-list.html>
15. Video called “The Journey of Your Child's Vaccine” which explains the three phases of clinical trials, vaccine licensing and manufacturing, how a vaccine is added to the U.S. recommended immunization schedule, and how FDA and CDC continue to monitor vaccine safety after the public begins using the vaccine. (Lasts 5 minutes 40 seconds)
<https://youtu.be/Fcvgp6gNh6o>
<https://www.cdc.gov/vaccines/schedules/parents-adults/resources-parents.html>
16. CDC article on why childhood vaccines are so important
<https://www.cdc.gov/vaccines/vac-gen/howvpd.htm>
17. CDC article on why we should immunize
<https://www.cdc.gov/vaccines/vac-gen/why.htm>
18. Vaccines by age for parents includes information on vaccines by age, typical reactions, and how to treat them (in English and Spanish) as well as vaccine ingredients
<https://www.cdc.gov/vaccines/parents/index.html>
19. How vaccines work (animation)
<https://www.historyofvaccines.org/index.php/content/how-vaccines-work>
20. Explanation about three types of vaccines (animation)
<https://www.historyofvaccines.org/content/types-vaccines>
21. Testimonies from families on suffering and loss related to not vaccinating against many diseases
<https://vaccineinformation.org/infants-children/testimonies/>
22. Took information on what it was like before vaccines from a post by Dr Margot Smith
<https://www.historyofvaccines.org/content/blog/live-before-vaccines-guest-post>
23. pdf of Dr Kass’ webinar on Childhood Immunizations: Building a Foundation of Immunity
<https://www.doh.wa.gov/Portals/1/Documents/8200/Transcript-ChildhoodImmunizationsBuildingaFoundationofImmunity-20180612.pdf>

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24. ACOG.org “Vaccinating Pregnant and Lactating Patients against COVID-19

As of 3/4/2021: COVID-19 vaccines should be offered to pregnant, potentially pregnant, and lactating individuals (with the same restrictions as with the general public). There is no data that would indicate COVID-19 vaccines should be contraindicated in pregnant and lactating individuals; no safety concerns have been generated. There is no current preference for one vaccine over another vaccine. If an individual becomes pregnant after their first dose of a COVID-19 vaccine that requires 2 doses, the 2nd dose should be administered as indicated.

CDC is currently enrolling pregnant individuals in a v-safe pregnancy registry and as of 2/19/21 over 1,800 pregnant individuals have enrolled. As of 2/16/21 there have been over 30,000 pregnancies reported in CDC’s v-safe post-vaccination health checker. No specific safety signals have been observed in pregnant people enrolled in v-safe.

25. CIS and COE Frequently Asked Questions

<https://www.doh.wa.gov/CommunityandEnvironment/Schools/Immunization/CertificateFAQs>