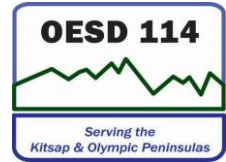




Olympic Educational Service District 114
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OESD Head Start /ECEAP /Early Head Start
Exposure Notice

Date:
To: All Parents
From: Your Child's Classroom
Subject: **FIFTH DISEASE**

Your child may have been exposed to Fifth Disease. Please watch for signs of it in the next two weeks.

Appearance: Bright red or rosy rash on both cheeks ("slapped cheek" appearance) lasting 1 to 3 days. This is followed by pink "lacelike" rash on thighs and upper arms. This rash comes and goes over the next 1 to 3 weeks especially after warm baths, exercise or sun exposure. The rash is accompanied by little or no fever although child may have slight runny nose and sore throat.

Cause: Virus

Spread Spread by respiratory droplets and from mother to fetus. Most contagious during the week before the rash begins. Children with rash do not need to stay home if they feel well.

Treatment: Children: None needed. The rash is harmless and causes no symptoms that need treatment.

Pregnant women who may have been exposed should be seen by a licensed health care provider.

If you have questions, please contact your classroom's Family/Health Nutrition, the Health Program Manager 360-478-6878, or the Kitsap Public Health District Communicable Disease Nurses at 360-728-2235.

If staff have concerns about a child's ability to safely return to class, we reserve the right to request a note from the child's health care provider.
