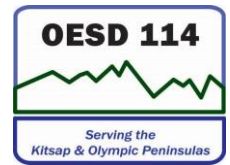




Olympic Educational Service District 114

105 National Avenue North, Bremerton, Washington 98312
(360) 478-6887 • 1-800-201-1300 • FAX (360) 405-5808



OESD Head Start / ECEAP/ Early Head Start

Date :

To: All Parents

From: Your Child's Classroom Subject:

CYTOMEGALOVIRUS (CMV)

Your child may have been exposed to cytomegalovirus (CMV). Please watch for signs of it in the next 28 to 60 days.

Appearance Fever, sore throat, swollen glands in the neck, enlarged liver, rash and tiredness may occur but are rare in young children. Most children have no symptoms when they become infected with CMV.

Cause cytomegalovirus

Spread Person to person by direct contact with bodily fluids of infected person. Can also be passed from mother to child during pregnancy.

Treatment Follow doctor's recommendation. Treatment is not usually needed for healthy children and adults. Newborns and people with compromised immune systems may need treatment depending on the severity of symptoms. Pregnant women should contact their doctor to discuss treatment options.

Return to Class Follow doctor's recommendations. If experiencing symptoms, child should remain home until they are fever free for 24 hours without receiving any fever reducing medications and feel well enough to participate in classroom activities.

If you have questions, please contact your classroom's Family/Health Advocate, the Health Program Manager 360-478-6878, or Kitsap Public Health District Communicable Disease Nurses at 360-728-2235.

If staff have concerns about a child's ability to safely return to class, we reserve the right to request a note from the child's health care provider.
